

News Release

24 October 2018



National Ski Mountaineering Championships

Castle Mountain Dates Set



Travis Brown races over Castle Mountain in 2015 – *Levon Jensen photo*

For Immediate Release – 2018-10-24 - **Ski Mountaineering Competition Canada (SMCC) together with our host partner Castle Mountain Resort (CMR) is pleased to announce the 2019 Canadian National Ski Mountaineering (Skimo) Championships, Jan. 4, 5, & 6, 2019.** Registration on Zone4.ca is now open for athletes. <https://zone4.ca/register.asp?id=19026>

Ski mountaineering (or Randonnée racing) is a winter sport that combines athletic skiing and mountaineering skills over medium distances, incorporating technical ascents and descents.

The National Championships include Vertical, Sprint and Individual race formats. The Vertical race is set for the afternoon of January 4th, the Sprint Jan. 5th and the Individual Jan. 6th. All events will be held on CMR's several peaks, and the resort is thrilled to be hosting these National Championships – a first for Castle! Spectators are encouraged come ski the resort that weekend and cheer on the fast paced racing action of Skimo!

CMR has excellent on and off piste terrain for this kind of racing and is the first downhill resort in western Canada to promote uphill skiing. During the winter, they maintain a sanctioned uptrack for skiers who enjoy the exercise and training of skinning uphill. Ski Mountaineering Competition Canada is grateful to have the support of the resort and their community!

These 2019 National Championships will provide the final chance for athletes to qualify for the Canadian Team and wear the Maple leaf at the Skimo World Championships in Switzerland March 9-16.

The daily race schedule and specific information about the 2019 National Championship Skimo races will be posted on SkimoCanada.org.

For direct enquiries about these topics contact Brent Harris: +1 (403) 807 6756

Essential info for your 2019 Ski Mountaineering Calendar

<http://www.skimocanada.org>

